



Before the appointment...

1. Arrangements must be made for a responsible adult to drive you home after sedation. You will be unable to leave the office if unescorted. Choose someone you trust, since special care instructions may be given to them. This person, or another adult individual must accompany you for at least 3 hours after the appointment.
2. You should have nothing to eat or drink for 8 hours prior to the procedure. For morning appointments, this generally means no food or liquids after midnight before your appointment, including breakfast or coffee. For afternoon appointments, you may have juices no later than 6 hours and water no later than 2 hours prior to your appointment.
3. It is advised to wear loose-fitting clothing and a shirt with short sleeves. Warm sweat pants and socks should also be worn.
4. Do not wear contact lenses and remove any fingernail polish prior to the appointment.
5. Plan to arrive in the office approximately 15 minutes before the scheduled appointment.
6. If you develop a cold, flu, or other respiratory illness, the appointment should be rescheduled to a time when you are more physically fit. If you develop any of these symptoms, please call the office immediately.
7. If there are medications to be taken as part of the sedation treatment, they will be prescribed and the name of the drug, dosage, and instructions will be given to you.
8. You should continue to take your usual medications as prescribed for other conditions, unless you have been specifically asked not to. Take your medications using just enough water to swallow your pills.

After the appointment...

1. Go home and rest for the remainder of the day.
2. Do NOT perform any strenuous activity. You should remain in the company of a responsible adult until you are fully alert.
3. Do not attempt to eat a heavy meal immediately. If you are hungry, eat a light diet consisting of liquids and soft foods.
4. A feeling of nausea may occasionally develop after sedation. The following may help you to feel better:
 - a) Lying down for a while
 - b) A glass of a carbonated beverage. If nausea persists for more than 4 hours for adults or 1 hour for children, call the office immediately.
5. Do not drive a car or perform any hazardous tasks for the remainder of the day.
6. Do not sign any legal documents or make binding agreements for the remainder of the day.
7. Do not consume any alcoholic beverages for the remainder of the day.
8. If any medications have been prescribed for you, take them only as directed.

Emergency numbers...

Sugar Grove Office (630) 466-7445
 Yorkville Office (630) 553-2505
 After Hours (630) 802-6612 cell

****If you cannot reach the office or the dentist on call, and you feel that your condition is in any way dangerous, you must go to the nearest emergency room or call an ambulance.***

I consent to the release of any pertinent care instructions and medication prescriptions and instructions to the escort that I will bring with me on the day of my sedation. I have read and understand the instructions as written above. I agree to follow these instructions entirely. I have been informed of the risks and alternatives to this treatment. My questions have been answered to my satisfaction.

Name _____ Date _____

Witness _____ Date _____